



DELHI PUBLIC SCHOOL SRINAGAR

April 19, 2016

To whomsoever it may concern

We acknowledge that we were quite impressed with the unique training program on personal safety of women developed by Dr. Renu Suri and Ms. Kanwal Preet Kaur, Directors of International College of Security Studies, New Delhi. The program - appropriately called S.A.F.E. is unique in the sense that it is not a physical self-defense program but instead a preventive approach to women's safety focusing on strengthening the body, mind and intuition to enable them to face untoward situations.

Impressed with this new concept, we were the first to have a S.A.F.E. pilot program in Delhi Public School, Srinagar followed by a workshop for the students of Class VI-VIII and teachers. We are pleased to note that the S.A.F.E. team has been successful in sensitizing the trainees on the extent of the problem, as also the goal of S.A.F.E. "to help women and girls to take charge of their safety in their own hands". The training has successfully put across the point that strengthening of emotions, presence of mind, intuition and physical fitness are essential components to overcome inherent fears that make women vulnerable and prone to assaults.

We are sure, many more schools would benefit from SAFE program and we wish team SAFE all the success in their mission.

[Handwritten signature]
19.4.16
PRINCIPAL

Athwajan, Srinagar - 190004 (J&K)

Phones: 0194 2467286, 2467550 Fax: 0194 2467669 Email: info@dpssrinagar.com Website: www.dpssrinagar.com